AMBER ROBBINS, M.Ed.

Bullying Prevention/Intervention Expert

LET ME HELP YOU WITH PRESENTATIONS AND PODCASTS GEARED TOWARDS:

- Bullying Prevention/Intervention
- Building Resilience in Children and Teens
- Empowering Upstanders
- Teen Mental Health

VIRTUAL AND LIVE PRESENTATIONS:

FOR TEENS/TWEENS

- How to be an Influencer: No Social Media Required!
- STANDING Kind and Staying Safe Online

FOR ADULTS

- Bullying: Taking the Bull by the Horns in your Organization
- STANDING Together: Building Resilience in Children and Teens

Or work with me to tailor one to the needs of your group or organization

AMBER'S BIO:

An accidental resilience researcher and cheerleader to all, Amber Robbins has a passion for strengthening families and teens.

After her own family began to face intense bullying and aggression, she went back to graduate school to earn a M.Ed. in psychology in an effort to help other children and teens who face these challenges.

Little did she realize when she began her educational pursuits that her family would continue to face bullying in all its dark forms: verbal, physical, emotional, cyber, stalking and copious amounts of relational aggression, for over 5 years! These impactful experiences gave Amber the insight that we can and should do so much more to assist targets of bullying, so she created Stand and Cheer Co. and S.T.A.N.D. Academy to accomplish just that.

Amber is a member of the Utah Suicide Prevention Coalition, certified in Teen Mental Health First Aid, QPR and MBSR. She also serves on several parent and professional boards that focus on supporting children, teens and families.

Amber is passionate about educating adults in authority about the deep impact that bullying can have on those who are targeted, and reminding them to take a STAND and address these incidents.

She loves to remind children that their words and actions have power, and is determined to empower upstanders everywhere to take action and assist, by challenging them to S.T.A.N.D. with her and take the #StandwithMe pledge.